

Reynolds Swim Center

Summer Registration starts June 9th!

Summer Schedule

June 18 – August 18, 2018

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30 - 8:15 am	Lap Swim 3 lanes <i>Deep Water Aerobics</i>	Lap Swim 3 lanes <i>Water Aerobics Combo Class</i>	Lap Swim 3 lanes <i>Deep Water Aerobics</i>	Lap Swim 3 lanes <i>Water Aerobics Combo Class</i>	Lap Swim 3 lanes <i>Deep Water Aerobics</i>	*****	*****
8:15 - 9:00 am	Lap Swim 3 lanes <i>Shallow Water Aerobics</i>	Lap Swim 5 lanes <i>Water Walking 1 lane</i>	Lap Swim 3 lanes <i>Shallow Water Aerobics</i>	Lap Swim 5 lanes <i>Water Walking 1 lane</i>	Lap Swim 3 lanes <i>Shallow Water Aerobics</i>		
9:00 – 11:30 am	Children's Lessons <i>(see schedule)</i>	Children's Lessons <i>(see schedule)</i>	Children's Lessons <i>(see schedule)</i>	Children's Lessons <i>(see schedule)</i>	Private Lessons <i>(see schedule)</i>	Children's Lessons <i>(see schedule)</i>	
1:30 – 4:30 pm	Available for Private Rentals <i>June 18 – Aug 18</i>	Available for Private Rentals <i>June 18 – Aug 18</i>	Available for Private Rentals <i>June 18 – Aug 18</i>	Available for Private Rentals <i>June 18 – Aug 18</i>	Available for Private Rentals <i>June 18 – Aug 18</i>	Family Open Rec Swim 1:30 – 3:00 pm <i>June 23 – Aug 18</i>	Available for Private Rentals <i>June 18 – Aug 18</i>
5:00 – 6:00 pm	Children's Lessons <i>(see schedule)</i>	Children's Lessons <i>(see schedule)</i>	Children's Lessons <i>(see schedule)</i>	Children's Lessons <i>(see schedule)</i>	*****	*****	*****
6:00 - 7:30 pm	Swim Team	*****	Swim Team	*****	Swim Team	*****	*****
6:00 - 7:30 pm	Children's Lessons <i>(see schedule)</i>	Swim Team	Children's Lessons <i>(see schedule)</i>	Swim Team	Swim Team	*****	*****
7:30 – 9:00 pm	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team		

SUMMER CLOSURE DATES

JULY 4: Happy Independence Day! CLOSED ALL DAY
JULY 29 – AUGUST 3: Annual Maintenance & Cleaning – NO PROGRAMS

ADULT FITNESS

FEES: \$5 drop-in
\$36 unlimited monthly pass - includes both Lap Swim & Water Aerobics!
Punch Card Special! 20 classes / \$75

- Lap Swim** M-F 7:30-9:00 am
- Deep Water Aerobics** MWF 7:30-8:15 am
Non-impact, high intensity workout, in the deep end of the pool
- Shallow Water Aerobics** MW 8:15-9:00 am
Low-impact, medium intensity workout, in the shallow end of the pool
- Water Aerobics Combo Class** TTh 7:30-8:15 am
Mix It Up! A shallow-deep combo class, utilizing the best of both worlds!

CHECK OUT OUR WEBSITE!
MHAswimschool.org

FOLLOW US ON FACEBOOK!
MHA Swim School

FAMILY OPEN REC SWIM

Saturdays 1:30 – 3:00 pm *June 23 – August 18

FEES: \$4 per person OR \$15 per Family (members of same household - limit 6 - one Adult age 18+ must accompany family group)

PLEASE NOTE:

- Per Oregon Health Code, all non-swimmers and all children ages 14 & under must be accompanied by a responsible adult observer.
- Per RCSC safety rules, all non-swimmers less than 48" in height must wear a life-jacket (available free of charge) & be accompanied IN the water by a responsible person at least 12 years of age, who will remain within arm's reach at all times.
- Per RCSC safety rules, all non-swimmers MUST remain in the shallow end of the pool.
- Per RCSC safety rules, prior to entering the deep end of the pool, all swimmers may be asked to demonstrate the ability to swim crawl stroke (arms out of the water) a minimum of 15 yards, and perform a back float for a minimum of 10 seconds.

PRIVATE RENTALS

FEES: \$125 / hour & half rental / 0-30 people \$150 / hour & half rental / 31-50 people
AVAILABILITY: Sunday – Friday 1:30 - 4:30 pm

Rental fee includes use of the spectator area & patio (weather permitting). Additional time may be added at \$30/half hour, up to 1.5 additional hours.
Some dates not available due to scheduled special events - call today for details!